## Preemie, 9-Patch Quilt (A Favorite of Nurses)

## Fabric requirements:

Infant themed colors and prints are preferred for this pattern.
$100 \%$ cotton [quilter's weight] or flannel fabric for center front block \& border strips $100 \%$ cotton flannel for the backing. No batting is used.

Pieced Center: Fabric A - five $41 / 2$ " squares
Fabric B - four $41 / 2^{\prime \prime}$ squares
Fabric A


Fabric B
Tip:
Consistent sizes require sewing using $1 / 4$ " seams.
Border: $\quad$ Fabric C - two $31 / 2^{\prime \prime} \times 13^{1} / 2^{\prime \prime}$ strips and two $31 / 2^{\prime \prime} \times 19$ " strips
Backing: $\quad$ Fabric $D-$ cotton flannel, $181 / 2^{\prime \prime} \times 181 / 2^{\prime \prime} \quad$ [Tip: $1-1 / 8$ yard, $40-44$ " wide $=4$ backs]

Using $1 / 4$ " seam throughout, sew the squares together into 3 rows of 3 squares each. Press seams.


Next, sew the 3 rows together as shown to form the 9-patch center. Press seams.
Sew the two $131 / 2$ " strips to opposite sides of the pieced center. Press seams. Trim even with the pieced center. Next, sew the two 19 " strips to top and bottom, press seams. Trim to $181 / 2$ " square.

Both front and backing should be $181 / 2^{\prime \prime}$ prior to combining [unfinished size]. With right sides together, sew around the 4 sides and leave an opening at least 4 " in order to turn and finish. After turning, press carefully so backing fabric is not visible around the edges. Close the opening by carefully hand stitching so no thread loops can get caught on tiny fingers and toes.

Minimal quilting is requested to protect the baby's ultra-sensitive skin. DO NOT QUILT WITHIN THE CENTER 12" PORTION OF THE QUILT. Stitch in the ditch at the seam between the 9 -patch center and the borders, and, sew a continuous seam, approximately $1 / 2$ " from the edges of the quilt. PLEASE DO NOT SEW AN "X" [DIAGONAL LINES] FROM CORNER TO CORNER!

Sew an AZB4K label [if you've got one] on the FRONT of the quilt, on either the lower left or right corner. **Position the label approximately $3 / 8$ " from the quilt's side and bottom edges. This can be hand sewn or applied by machine using a STRAIGHT stitch [NO zigzag, please] sewn 1/8" inside the label's edge. If using your machine, load white thread in the needle and bobbin. If you apply the label to the quilt face before attaching the front to the back, please position the label allowing for $1 / 4$ " seam allowance [5/8" from side and bottom edges].

Finished size: 18 " x 18" square

Stitch in-the-ditch between 9-patch center and the borders, and also a continuous seam, $1 / 2^{\prime \prime}$ from all 4 edges.


Fabric requirements and cutting instructions are included for those wishing to make this pattern at home.
Tip: cotton flannel should be pre-washed due to shrinkage.

